

Forest School is about...

Building...



independence...



resilience...



dens...

How are we going to do this?

Using...



tools...



fire...



problem solving...

Learning through...



nature...



doing...



experiencing...

WOW

Enjoying...

making...



games...



singing...



We love Forest School



Developing...



responsibility...



team work...

independence...



I can do this...
I can do this...
I can...

Having fun...



fun...



fun...



What to Wear...



Winter...
wellies
sturdy footwear
warm clothing
coats
hats
gloves

I love
muddy
puddles...



Spring...
wellies
sturdy footwear
warm clothing
jumpers

Woodlands have lots of nettles and brambles
so please ensure my legs and arms are
covered.



Summer..
sturdy footwear
long sleeve top
trousers - hat
sun cream

• Benefits of Forest School include...

- Physical and emotional well being.
- Social skills, communicating, negotiating, problem solving.
- Fine and gross motor development.
- Forest School takes place outside unless there's high winds or a thunderstorm
- Sessions take place throughout the year.
- Forest school develops...
- Self esteem, confidence
- Awareness of own and others needs
- First-hand experience, developing independence and responsibility
- Strategies in order to take risks in a controlled environment
- Resilience and perseverance

Forest School
Information
for Parents &
Carers

