

Mental Health Support Team (MHST)

Children's Emotional Health & Wellbeing Webinar for Parents and Carers (Primary age)

This one and a half hour webinar aims to provide parents with a understanding of common mental health difficulties in young people. We will explore common mental health difficulties such as anxiety and how this might present in primary aged young people. We will also explore how you can support a young person's mental health and how to refer to the MHST.

Children's Emotional Health & Wellbeing Workshop

18th March 2025
at 1-2.30pm



Parents can join via Web using this link:
<https://www.microsoft.com/en-gb/microsoft-teams/join-a-meeting>
by inputting the Meeting ID and
Passcodes from the poster, or by scanning
the QR code below. Please note, parents
won't be able to join until the day.



Meeting ID: 387 503 574 253
Passcode: z2rrpV